Dear Einstein Community:

In recent days, we've seen the build-up to and now the full-scale invasion of Ukraine by Russia masquerading as "peacekeeping." While this aggression is deeply upsetting, it is particularly concerning for those residing in Ukraine whose citizens are in imminent danger. It has also created tremendous concern and a high level of anxiety for those in our own campus community with close ties to family and friends in Eastern Europe.

The toll of Russia’s hostile actions will be devastating beyond lives lost, however. The effects of both the attacks and response to them have the potential to impact the health and well-being of those in every corner of the world.

With that in mind, I would like to remind you of the support services we have available for anyone who feels adversely affected by these current events, regardless of any connection to Eastern Europe. Please take advantage of the resources we have available, which include:

- Einstein Mental Health Center
- Academic Support and Counseling
- Carebridge (Employee Assistance Program)

We will all be closely following developments in Ukraine in the days ahead and hope bloodshed can be kept to a minimum. Additionally, we should all be mindful of our colleagues, friends, family, and classmates who have direct ties to the region and can benefit from our collective support at this truly difficult time.

Sincerely,
Gordon F. Tomaselli, M.D.  
The Marilyn and Stanley M. Katz Dean  
*Albert Einstein College of Medicine*  
Executive Vice President and Chief Academic Officer  
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