Science at the heart of medicine

### Laboratory Safety Training

Albert Einstein College of Medicine Department of Environmental Health & Safety <u>http://www.einsteinmed.edu/ehs</u>

Jorge L. Quiñones Pizarro - MS, REM, CESCO, CHMM, ASP Safety Specialist (718) 430-2031 Jorge.Quinones@einsteinmed.edu



# **Training Outline**

- Laboratory Safety Concepts
- Chemical Hygiene Plan
- General Concepts of Chemical Toxicology
- Personal Protective Equipment (PPE)
- Chemical Storage/Disposal
- Waste Disposal
- Emergency Procedures



## Laboratory Safety

- Occupational Safety and Health Administration (OSHA) promulgated the:
  - Hazard Communication Standard (HCS) [29 CFR1910.1200]
  - Occupational Exposure to Hazardous Chemicals in Laboratories (29 CFR 1910.1450)
- These OSHA regulations, part of the Hazard Communication Standard (HCS), were issued to:
  - "Protect people from injuries and illnesses associated with using hazardous chemicals in the workplace".
  - Requires employers to write and have available to all employees a Chemical Hygiene Plan.



#### Laboratory Safety – Chemical Hygiene Plan

- Describes Einstein's laboratory safety program and is a tool to coordinate laboratory safety procedures; personal protective equipment (PPE); engineering controls; use, storage, and handling of hazardous chemicals; waste management and disposal procedures; and what to do in case of spills or an emergency.
- Goal is to:
  - 1. Protect employees from health hazards associated with hazardous chemicals in the laboratory.
  - 2. Reduce or keep potential employee exposures to hazardous chemicals at concentrations below the action levels or Permissible Exposure Limits (PEL).





HAZARD COMMUNICATION POLICY LOCATED HERE

https://intranet.einsteinmed.edu/download/?token=F3U4mtNk56VTr 4YwmOleltOEedZjiAS3%2fX4zi1xF6i4



# Laboratory Safety

- Laboratory employees can be exposed to hazardous chemicals while conducting their job/research duties.
- Exposure to toxic substances in the workplace could have chronic or acute health effects on individuals.
- Safeguards to protect workers while using a specific chemical included the use of engineering controls, wearing personal protection equipment (PPE), and to follow good personal hygiene (wash hands) and housekeeping practices in the work area.



# Laboratory Safety (Continued)

- All chemicals must be properly stored in laboratory shelves or appropriate chemical storage cabinets.
- Laboratory employees must:
  - Properly use emergency equipment (fire extinguishers, eye wash stations, emergency showers),
  - Be familiar with the appropriate emergency procedures,
  - Know what to do in case of a fire,
  - Know evacuation routes,
  - Know spill cleanup and proper waste disposal procedures.



## Laboratory Safety – Plan the work

Before conducting any experiment

- Assess the hazards related to the work including:
  - Worst possible things that could go wrong,
  - How to deal with them, and
  - What are the prudent practices, protective measures, and equipment necessary to minimize the risk of exposure to the hazards.
- Order the correct amount of chemicals; order what you need to prevent storage and disposal problems.
- Know the hazard characteristics of the material you work with.
  - ✓ Corrosive, flammable, reactive, or toxic.



#### Laboratory Safety – Know the Hazards

- Have available and read the Safety Data Sheets (SDS) for hazards information on all chemicals you plan to use.
- Wear and have available the appropriate PPE when using chemicals:
  - Laboratory coat, aprons, gloves, eye/face protection, foot protection.
- Post a sign on the door to notify others of the hazards present in your laboratory:
  - Biohazardous materials
  - Radioactive materials
- Inspect electrical equipment and cords for frayed wiring or damage before use.
- Discard or repair damaged equipment before use.



#### Laboratory Safety – Know the Hazards

- Never use mouth suction to fill a pipette or siphon.
   Use a pipette bulb or other suitable device.
- Handle needles, syringes and other sharps carefully. Do not recap needles.
- Use self-sheathing needles or needless systems whenever possible.
- Dispose of all sharps in an appropriate sharps container.



#### Laboratory Safety – Know the Hazards

- Do not dispose of chemicals down the drain. Most chemicals must be disposed of as hazardous waste.
- Compressed gas cylinders must be secured to prevent them from being knocked over.
- Cylinders must be capped when the regulator is removed or not in use.
- Inspect the laboratory weekly for hazardous conditions.



### **Einstein - SDS Stations Locations**

Forchheimer: Ground & 4<sup>th</sup> Floor Kennedy: 3<sup>rd</sup> Floor **Price: Basement** 1st, 4th & 5th Floors Van Etten **Basement** 





#### **Employee Responsibilities**

- Attend training classes.
- Learn the chemical hazard by reading the SDS.
- Know the signs and symptoms of exposure.
- Know the proper personal protective equipment (PPE) to use.
- Know emergency procedures.



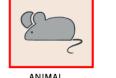
- Chemical
  - Approximately 600 different chemicals on campus\_
  - Flammable
    - ✓ Examples: Xylene, Ethanol
  - Corrosive
    - ✓ Examples: Nitric Acid, Sodium Hydroxide
  - Reactive
    - ✓ Examples: Sodium Metal, Sodium Azide, Picric Acid (dry)
- Biological
  - Examples: Allergens, Infectious Diseases, Toxins







- Physical
  - Temperature Extremes
  - Electrical
  - Fire
  - Explosive
  - Cryogenic Liquids
  - Compressed Gasses







HAZARD





GLASSWARE HAZARD





ELECTRICAL HAZARD





FIRE HAZARD



BIOHAZARD





HAZARD



HAZARD

I



#### Picric Acid

 In a dry powdered state, it can become explosive when jolted (shock sensitive)





Cryogenic Liquids

 Liquid Nitrogen





- Compressed Gas Cylinders
  - o Oxygen
  - CarbonDioxide



#### Radiation

#### > Non-ionizing

- Near Ultraviolet
  - Damage to skin and eyes.
- Lasers
- Microwave

#### Ionizing



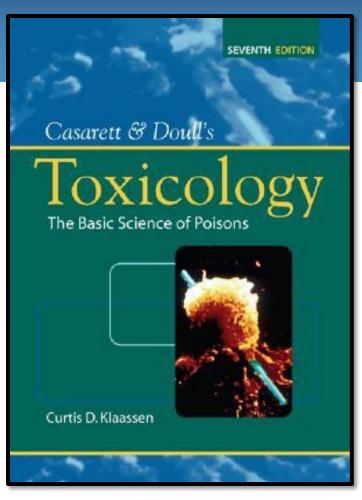
Alpha, Beta, Gamma and X-rays

Generates free radicals and ion pairs in living tissue, producing damaging intermediates.

Direct hits to DNA

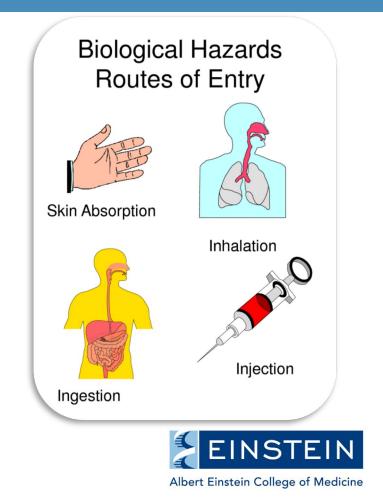


- Toxicology is the study of the adverse effects of chemicals on living organisms.
- Know the signs and symptoms associated with exposure to the chemicals in your workplace.
- Be observant for these signs and symptoms.
- Know what to do if you are exposed.





- Routes of Entry
  - Inhalation (Breathing)
  - Absorption (Direct Contact)
  - Ingestion (Eating)
  - Injection



#### Inhalation

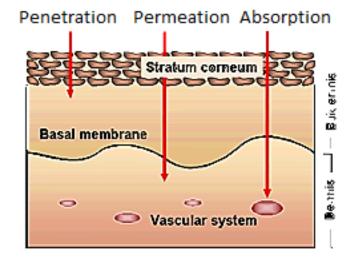
- The most common route of exposure.
- Can be in the form of a gas, vapor or dust.
- Can be deposited in the airways or absorbed through the lungs and into the blood stream.
  - ✓ Blood can then circulate the toxin to the rest of the body.





- Absorption
  - Skin acts as a barrier between the environment and the organs of the human body.
  - Skin can be attacked directly.
     ✓ Examples: Acids and Bases
  - Skin can be penetrated.
    - Examples: Phenol, Nitrobenzene

#### **Skin Penetration Phases**





#### Ingestion

- Rarely takes place by deliberate swallowing of toxic substances.
- Food and drinks can become contaminated by dust, mist and fumes.
- No eating or drinking in laboratories or storing food in laboratory refrigerators or cold rooms.





#### Injection

- Occurs through accidental needle sticks, puncture wounds or through broken skin/open wounds.
- May produce rapid response when injected because the chemical/toxin is introduced directly into the blood stream.





#### **Health Hazards Effects**

Acute Health Effects (Short-term):

\* Adverse health effect that develops immediately or within minutes, hours or even days after an exposure. Includes dizziness, skin irritation, and throat irritation.

#### **Examples:**

Burns Headache Vomiting Nausea

Chronic Health Effects (Long-term): \*Adverse health effect resulting from long-term exposure to a substance. Symptoms do not stop when the exposure stops.

Examples:

Asthma

Cancer

Asbestosis, Mesothelioma





- Laboratory Coat and Aprons
- Gloves
- Safety Glasses/Face Shields
- Hearing Protection
- Respirators





#### Lab Coats and Aprons









#### Glove Selection

- Gloves are made of many different types of materials, yet no one material type affords protection against all chemicals.
  - Latex gloves provide little to no chemical protection.





Butyl rubber

Neoprene



Nitrile





#### Ansell Glove Guide

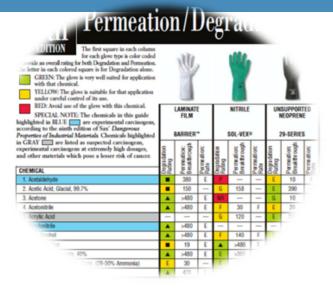
- https://ehs.sfsu.edu/sites/default/files/documents/Ansel 1%20chemical%20resistance%20glove%20chart.pdf
- Provides recommendations for the selection of gloves based on performance capabilities determined by tests conducted under laboratory conditions.
- Gloves resistance to cuts, punctures, and abrasions are considered as a critical usage factor.
- Table provides permeation and degradation tests ratings for various products as an aid to help determining the general suitability of various products for use with specific chemicals.

8th Permeation/Degradation Resistance Guide for Ansell Gloves																												
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							29-SERIES		s	PVA"			SNORKEL®			"CANNERS AND HANDLERS"			*CHEMI-PROP			CHEMTEK* BUTYL			CHEMTEK" VITON/BUTYL			
experimental carcinogens at extremely high dosages, and other materials which pose a lesser risk of cancer.	dation	Permedice: Breakthrough	adjoint.	dotton a	Permation	aution.	dation	trough	adi cer	dation	factor and the second	nation	dation	through	ation:	dation	Permutice: Breakthrough	nation	dation	Permution: Breakfinough	Permettion: Rate	dation	ermedice:	ation	dation	Permeditor. Beraktwough	Permettion:	
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2. Acetic Acid, Glacial, 99.7%		150	-	G	158	-	E	390	-	MR	-	-	F	45	G	E	110	-	E	263	-	E	>480	-	DD	>480	-	
3. Acetone		>480	E	MR	-	-	G	10	F		143	G	NR	6	-	E	10	F	G	12	6	E	>480	E	DD	93	VG	
4. Acetonitrile		>480	E	F	30	F	E	20	VG		150	6	NR	-	-	E	4	VG	E	13	VG	E	>480	E	DO	70	E	
5. Acrylic Acid 6. Acrylonitrile	-	>480	- F	6	120	-	E	395		100			And I	-	-	E	80	-	E	67		-	>480		-	-480	-	
6. Acrylontrile 7. Altyl Alcohol	1	>480	E	-	140	-	-	140			>480	-	-	60	 G	E C	5	F	-	20	- VG	E F	>480	-	E	>480	-	
7. Allys Accessi 8. Ammonia Gas	÷	5400	E E		140	F		140	10	-	-	-	-			-		TU		20	10		19400	-	-	5101	-	
9. Ammonium Fluoride, 40%		>480	E	T.	>400	-	T.	>400	-	10	-	-	E	>360	-	E	>360	-	E	>360	-	-	-	-	-	-	-	
10. Ammonium Hydroxide, Conc. (28-30% Ammonia)	E	30	-	E	>360	-	Ē	250	-	NO.	-	-	E	240	-	E	90	-	E	247	-	E	>480	-	E	>480	-	
11. n-Amyl Acetate		470	E	Ē	198	G	No.	-	-	6	>360	E		-	-	MR	-	-			-	E	128	G	F	<10	F	
12. Amyl Alcohol		>480	E	E	>480	E	E	348	VG	G	180	G	G	12	Ε	E	25	VG	E	52	VG	E	>480	E	E	>480	E	
13. Aniline		>480	E	103	-	-	ε	145	F	F	>360	E	F	62	G	E.	25	VG	E	82	G	E	>480	E	E	>480	E	
14. Aqua Regia	-	-	-	F	>360	-	G	>480	-	MR	-	-	G	120	-	NR	-	-	G	193	-	E	>480	-	E	>480	-	
15. Beruzaldehyde		>480	E	101	-	-	NR	-	-	G	>360	Ε	NR.	-	-	G	10	VG	G	27	F	E	>480	E	E	100	E	
16. Benzene (Benzol)		>480	E	2	-	-	\$R	-		Æ	>360	E	MR	-	-	MR	-	-		-	-	E	20	F	E.	253	VG	
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18. Benzotrifluoride		>480	E	E	170	G	-	-	-	-	-	-	6	<10	F	9	50	G	P		-	-	-	-	-	-	-	
19. Bromine Water 20. 1-Bromosropane (Propul Bromide)	-	>480	-	E	>480 23	E	E.	>480 <10	E	10		 F	-		-	-	<10		-	<10	- p	-	10		-	- 182		
20. 1-Bromopropane (Propyl Bromide) 21. 2-Bromopropionic Acid	1	>480	Ł		120	,		<10	P		>480	E		<10	,		<10	P		<10	P	×	10	P	-	182	V5	
22. n-Butyl Acetate	L.	>400	E	1	75	-	1.0	400	-	-	>360	E	100	180	-	100	190	-		190	-	-	80	G	00	<10	F	
23. n-Butyl Alcohol	1÷	>480	F	5	>360	5	5	270	F	1	75	G	6	180	VG	5	35	VG	5	75	MG		>480	E	5	>480	E	
24. Rutyl Carbitol	-	-	-	Ē	>323	E	G	188	F	E	>480	E	E	397	VG	E	44	6	E	148	6	-	-	-	-	-	-	
25. Butyl Cellosolve		>480	E	E	470	VG	E	180	G		120	G	P	60	G	Ε	45	G	E	48	G	E	>480	-	E	>480	-	
26. gamma-Butyrolactore		>480	E	NR.	-	-	E	245	6	E	120	VG	MR	-	-	E	60	G	E	104	F	Ε	>480	E	E	>480	E	
27. Carbon Disuffide		>480	E	G	30	F	NR	-	-	E	>360	E	NR	6	-	MR.	-	-	NR	-	-	v	7	G		138	E	
28. Carbon Tetrachloride	-	-	-	G	150	G	NR		-	E	>360	E	F	25	F	NR	-	-	MR.		-	F	53	P	-	-	-	
29. Cellosolve* (Ethyl Glycol Ether, 2-Ethoxyethanol)	E	>480	E	6	293	6	E	128	6		75	G		38	G	E	25	VG	E	25	VG	E	>480	E	E	465	E	
30. Cellosolve Acetate* (2-Ethoxyethyl Acetate, EGEAA)		>480	E	- F	90	G	G	40	F		>360	E	MR	-	-	E	10	G	E	23	6	E	>480	E	DD	105	VG	
31. Chlorine Gas 32. Chlorobergene		>480	E			-	-	-	-	-	- 360			-	-	-	-	-	-	-	-	-	-		-	- 480	-	
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35. Chloroform	E	20	G	102	-	-	NE	-	-	E	>360	E	MR	-	-	100	-	-	NR	-	-	P	5	P	÷	212	VG	
36. 1-Chloronaphthalene		>480	E	P		-	NE	-	-	G	>360	E	NR	-	-	NR	-	-	P		-	E	>480	E	E	>480	E	
37. 2-Chlorotoluene	-	>480	E	6	120	G	NE	-	-	-		-		-		NR	-		NR	-	-	15		-		-	-	
38. 4-Chlorotoluene		>480	E	2	-	-	NR	-	-	-		-	P	-	-	MR	-	-	NR		-	۷	30	F		>480	E	
39. "Chromic Acid" Cleaning Solution	-	-	-	F	240	-	NE	-	-	MR.	-	-	G	>360	-	NR	-	-	NR	-	-	E	>480	-	E	>480	-	
40. Citric Acid, 10%	-	-	-	E	>360	-	E	>480	-	-F	50	-	E	>360	E	E	>360	-	E	>480	-	-	-	-	-	-	-	
41. Cyclohexane	-	-	-		>360	-	-	-	-	-	-	-	-	-	-	-	-	-	-		-	G	30	F		>480	-	
42. Cyclohexanol		>480	E	E	>360	E	E	390	VG	G	>360	E	E	360	£	E	103	VĢ	E	47	G	E	>480	E		>480	E	
43. Cyclohexanone		>480	E	1	103	G	P	23	F	E	>480	E	April 1	-	-		-	-	P		-	E	>480	-	۳	150	-	
44. 1.5-Cyclooctadiene 45. Diacetone Alcohol		>480	E	E	>480	E		208		-	150		THE .	-	-		- 43		NR.			1		-	-	-	-	
45. Litacitore Alconol 45. Diturbil Phthalate		>400	1	6	240	E E	F	132	G	1	150	6	ALC: NO	-	-	1	43	70	6	480	Vu E		>400	-	-	-	-	
47. 1.2-Dichloroethane (Ethylene Dichloride, EDC)		>480	F	100		-	100		-	1	>360	F	MP					-			-		-	-	-		-	
48. Diethylamine	TA I	>480	E	F	51	F	P	-	-	100	-	-	NR	-	-	NR	-	-	NR	-	-	F	18	-	v	19	-	
49. Diisobutyl Ketone (DIBK)		>480	E	÷	263	G	P	-	-	6	>360	E	P	-	-	P	-	-	P		-	E	231	G	00	15	G	
50. Dimethyl Sultoxide (OMSO)		>480	E	E	240	VG	E	398	6	102	-	-	MIL	-	-	Ε	180	E	E	150	E	E	>480	-	DO	>480	-	
51. Dimethylacetamide (DMAC)		>480	E	MR	-	-	NR	-	-	MR	-	-	NR	-	-	E	15	G	E	30	6	E	>480	-	00	>480	-	
52. Dimethylformamide (DMF)	٨	>480	E	18	-	-	E	45	F	MR		-	NR	19	-	E	25	VG	E	40	6	E	>480	E	DD	>480	Ε	
53. Dioctyl Phthalate (DOP, DEHP)	*	>480	E	6	>360	E	6	>480	E	E	30	F	MR	-	-	P	-	-	E	>360	Ε	-	-	-	-		-	
54. Di-n-Octyl Phthalate (DNOP)	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	E	>480	-	-	-	-	
55.1,4-Dioxate		>480	8	Test I	>360	-	1	~ >360	-	7	-	-	Test .	- 360	-	F	5 >360	F	F	18	F	E	>480	-	-	-	-	
55. Electroless Copper Plating Solution 57. Electroless Nickel Plating Solution	-	-	-	E F	>360	-	E	>360	-		-	-	E	>360 >360	-	E	>360 >360	-	-		-	-	-	-	-	-	-	
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#### Personal Protective Equipment Ansell Glove Guide

#### Standards for Color Coding ("Degradation Rating")

- **Green** means that the glove is very well suited for application with that chemical:
  - An "Excellent" or "Good" degradation rating,
  - A permeation rate of 30 minutes or longer, and
  - A permeation rate is "excellent", "Very Good", or "Good", OR
  - Permeation rate is no specified,
  - Permeation breakthrough time is 240 minutes or longer,
  - The degradation rating is "Excellent", Very Good", or "Good".
- Red The Degradation Rating is "Poor" or "Not Recommended", regardless the permeation rating. Avoid using the glove with the associated chemical.
- Mellow The glove is suitable for that application under careful control of its use. This code is issued for any glove-chemical combination not meeting either set of conditions required for "Green", and not having a "Red" degradation rating of either "Poor" or "Not Recommended".
- Chemicals highlighted in "Blue" are experimental carcinogens
- And chemicals highlighted in "Gray" are listed as suspected carcinogens, experimental carcinogens at extremely high dosages, and other materials which pose a lesser risk of cancer.





#### Safety Goggles/Face Shields









#### Respirators

- N95 particulate respirator
- Filters 95% of particles 0.3 microns or greater
  - Not to be used for gases, vapors, or oxygen deficient areas





- Hearing protection
  - Earplugs
    - Single use
  - Earmuffs







### **Engineering Controls**

- Chemical Fume Hood Primary engineering control for containing and removing chemical gases, vapors, mist and fumes.
  - Fume Hoods must be able to remove hazardous vapors and odors from the breathing zone
  - Inspected annually
  - Face velocity of 80 120 feet per minute.
  - Sash height 12-18 inches
  - Close the sash when finished



Albert Einstein College of Medicine

# **Engineering Controls**



- Do not overload the hood with extraneous equipment or chemicals.
- Fume hood is not to be used as storage
- Do not evaporate chemicals
- A cluttered hood can compromise the airflow patterns and negate the hoods safety features



### **Chemical Storage/Disposal**

- Order only what is needed
  - Each lab is required to store their own materials
- Make sure chemicals are labeled properly
  - As well as all secondary containers
- Avoid floor and top shelf storage
  - Nothing above eye level
- Store flammables in appropriate cabinets
  - 15 gallons (56 liter) limit per lab
  - 25 gallons (94 liter) limit per lab with sprinkler system (Golding, MRRC & Price Building)



- Separate acids and bases
  - > Organics vs. Inorganics



- Examples:
  - Hydrochloric Acid (HCI) and Sodium Hydroxide (NaOH)
  - Sulfuric Acid (H<sub>2</sub>SO4) and Formic Acid (HCOOH)
- Perchloric acid must be stored in glass containers separated from organic materials.
- Segregate oxidizers from organic liquids.
  - Examples: Hydrogen peroxide, Permanganates, Nitrate compounds



 Nitric acid must be isolated from other acids and bases.







- Dispose of used / expired chemicals via EH&S.
  - Examples: Ethyl Ether, 2-Propanol
- May form explosive peroxides after one year. Exposure to light and/or air significantly increases the rate of peroxide formation.
  - Complete the required peroxide tests and forms





- Acid Storage
  - Store in plastic secondary containers, not directly on metal shelves

- Flammable Storage
  - Do not store cardboard or Styrofoam





- Chemical disposal is free
- Use the proper waste container
- Rinse empty bottles and deface label
- Label all chemical waste

Albert E	Einstein	College of	Medicine	
HAZARDOUS WASTE				
START DATE	:	END DATE:		
SUPERVISOF	R:	EXT:		
<u>CHEMICAL</u>	COMPON	<u>ENTS</u>	AMOUNT	
Please handle with care.				
ii you have any questions call.				

(718) 430-4150



### Hazardous Materials Spill Cleanup



#### MINOR CHEMICAL SPILLS CLEANUP PROCEDURES:

- Do not clean up the spill yourself, unless you know what spilled and how to properly clean it up.
- Immediately, notify others in the area that a spill has occurred.
- Turn off ignition and heat sources.
- Prevent others from coming in contact with the spilled chemical(s).
- Wear proper PPE (i.e., goggles, gloves)
- Use the appropriate material to confine or contain the spill to avoid spreading
- Absorb inorganic acids and bases and neutralize.
- Sweep up the absorbed spill from the outside toward the middle. Scoop up and deposit in a leak-proof container. Label and dispose of the container through the hazardous waste management program
- Collect the residue, place in a container, and dispose as hazardous waste.

NEVER PLACE HAZARDOUS MATERIALS OR SPILL CLEANUP MATERIALS IN THE BIOHAZARD BIN OR REGULAR TRASH.

- Clean spill area with water.
- Report spill to EH&S at X4150





### Hazardous Materials - Spill Cleanup

#### MAJOR CHEMICAL SPILLS CLEANUP PROCEDURES:

- If the chemical spill presents an immediate danger; turn off ignition and heat sources, evacuate all personnel, exit the room/area, and close the door behind you.
- Attend to anyone who may have been contaminated or injured and remove them from exposure.
- Instruct contaminated person to remove any contaminated clothing and wash the affected area for at least 15 minutes.
- Use the safety shower if necessary know the location of the nearest safety shower and eye wash station in your work area.
- Notify EH&S at X4150 and Security at X4111

NEVER PLACE HAZARDOUS MATERIALS OR SPILL CLEANUP MATERIALS IN THE BIOHAZARD BIN OR REGULAR TRASH.







### Waste Disposal

- Evaluate what you need to conduct the experiment and consider the types of waste that will be generated in the procedure.
- Consider alternative chemicals; consider less hazardous chemicals that may be safer and generate a less costly hazardous waste stream.
- Order only the amount of material needed for the experiment. Excessive stocks of hazardous chemicals, radioactive materials, and infectious agents presents serious storage, safety, and disposal problems.
- Consider using non-hazardous material alternatives to conduct your research.







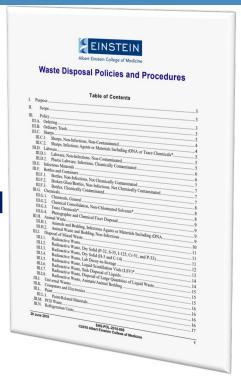
#### Waste Disposal Guidelines and Waste Disposal Training

• Waste Disposal Policies and Procedures is available from our document library

https://intranet.einsteinmed.edu/departments/environmental-health-safety/policies/

- EH&S provides a comprehensive Waste Disposal Training to all our staff, students, and faculty.
- Contact EH&S and Call X4150 for additional information or to sign up for trainings at

https://www.einsteinmed.edu/administration/environmental-health-safety/training/





Science at the heart of medicine

## **Biosafety Training**

Albert Einstein College of Medicine Department of Environmental Health & Safety http://einsteinmed.edu/ehs

> Delia Vieira-Cruz Biosafety Officer (718) 430-3560

delia.vieira@einsteinmed.edu



### **Biosafety**

- Biosafety is defined as "The discipline addressing the safe handling and containment of infectious microorganisms and hazardous biological materials" that have the potential to cause disease in humans.
- The practice of safe handling of pathogenic microorganisms and their toxins in the biological laboratory is accomplished through the application of containment principles and the risk assessment.



## Regulations

- OSHA Bloodborne Pathogen Rule requirements:
  - Exposure Control Plan
    - ✓ List of job titles exposed/not exposed
  - Annual training
  - Offer the Hepatitis B Vaccine
  - Personal protective equipment
  - Utilize engineering controls
  - Provide exposure follow-up/counseling





## **Other Regulatory Guidance**

- NIH Recombinant Guidelines
  - Apply to all institutions receiving NIH funding
  - Covers rDNA work, but also includes risk group listing
- CDC's BMBL -Biosafety in Microbiological and Biomedical Laboratories
  - Guidelines that are not optional
- Select Agent law (covers high consequence agents and toxins)
- Dangerous goods shipping regulations
- Animal Welfare Act
  - IACUC review of animal protocols





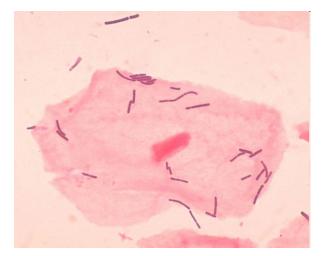
### **Risk Group/Biosafety Level**

- Risk Group corresponds to the level of hazard associated with the agent
  - NIH Guidelines
  - American Biological Safety Association webpage
- Biosafety Level corresponds to the facility design, PPE and practices required to handle the agent.
- As described in CDC/NIH, "Biosafety in Microbiological and Biomedical Laboratories (BMBL) there are four biosafety levels (BSL) 1-4.

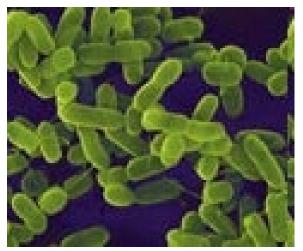


#### Agents handled in BSL1

- Not known to cause disease in healthy adult humans
- e.g., non-pathogenic *E. coli*, Lactobacillus







E. coli



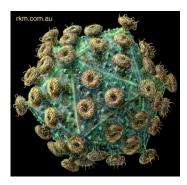
#### Agents handled in BSL2;

- Are associated with human diseases
- e.g. Salmonella typhimurium, Cryptococcus neoformans, HIV and HCV clinical samples
- Human products (blood, tissue, human cell lines)



Color-enhanced scanning electron micrograph showing *Salmonella typhimurium* (red) invading cultured human cells



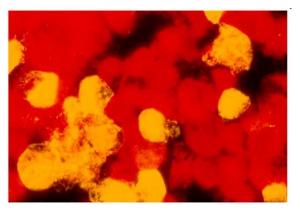


Model of HIV virion

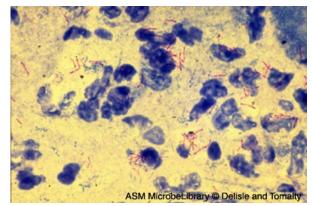


#### Agents handled in BSL3;

- > Indigenous/exotic agents associated with human disease
- > Potential for aerosol transmission in the lab
- > e.g. *M. tuberculosis*, Lyme disease, West Nile virus



West Nile Virus

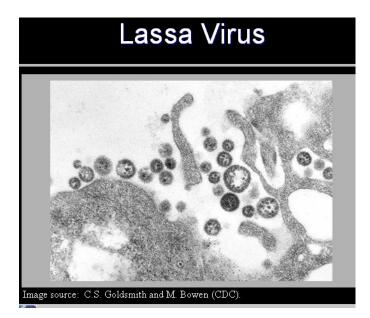


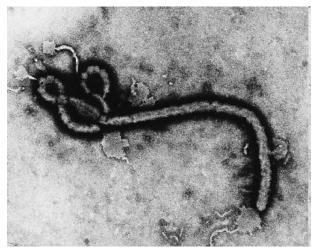
Acid Fast Stain of M. tb



#### Agents handled in BSL4

- > Most dangerous/exotic agents of life threatening nature
- > e.g., Ebola virus, Marburg virus, Lassa virus







BSL4 Lab Suit

Ebola virus



# Facility Design (BMBL)

#### BSL-1

Basic lab with sink for handwashing

• BSL-2

- Sink for handwashing, biosafety cabinet, door signage, non-recirculated air, etc.
- BSL-3
  - Hand free sink, biosafety cabinet, door signage, ventilation negative pressure for containment, monolithic, sealed, 2X door entry, security, alarms, integral autoclave, etc.





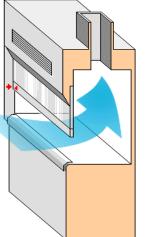
### How Do You Protect Yourself?

- Engineering controls
  - Biological Safety Cabinets, sharps containers, safe sharps, centrifuge safety cups, etc.
- Work practices
  - Handwashing, aerosol avoidance, decontaminating work surfaces, etc.
- Personal protective equipment (PPE)
  - Lab coat, gloves, safety glasses, respirator



# Know Your "Hoods"!





#### **Chemical Fume Hood**

- Closes completely
- •Not meant for sitting
- Negative pressure
- •May have chemical storage underneath



**Biological Safety Cabinet (BSC)** 

- •Fixed sash opening (8 in.) (alarmed)
- •Designed for seated work
- Negative pressure
- •Check manufacturer label for type of cabinet



**Laminar flow Hood** 

•HEPA filter visible in rear or top of unit

- •Usually no sash
- •Positive pressure air blowing into face or breathing zone



## Biological Safety Cabinet (BSC) Primary Containment

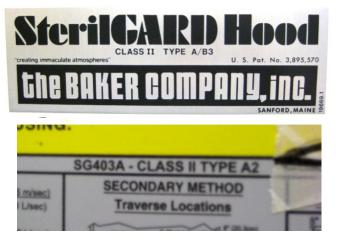
- Role:
  - To protect the user from the samples
  - To protect the environment from the samples
  - To protect the samples from external elements





### **Biosafety Cabinets**

- There are 3 classes of BSC
  - Class I: not often used
  - Class IIA and B: most often found in laboratories
  - Class III: primarily BSL3 or 4 labs
- Certification required:
  - When new and then annually
  - When hoods are moved
  - After repairs, filter changes
  - Vendor: TSS (Technical Safety Services)
    - ✓ Telephone: 866-536-5656





### **Clean Bench** (Laminar Flow Cabinet)

- Not to be confused with Class I BSC
- Inflow air is HEPA filtered
- Exhaust air is not filtered
- Used for Microbiology clean preparation (making agar plates) and molecular work (PCR)
- Air flow can be vertical or horizontal





### Class I BSC

- Is a negative-pressure ventilated cabin
  - User and the environment is protected
- Open in the front with a sash
- Inward flow air is not filtered
  - Sample not protected
- Cabinet air HEPA filtered and 100% exhausted to the lab or outside
- Used with low risk agents
- Used to contain mixers, blenders, etc.





### Class II BSC

- Most commonly found BSC in laboratories
- HEPA-filtered vertical laminar air flow
  - User and sample protected
- HEPA-filtered exhausted air
   User and environment protected
- There are 2 types and 2 subtypes (A1, A2 and B1, B2)





### Class III BSC

- Are totally enclosed
- Ventilated cabinet of gas tight construction
- Works under negative pressure
- Supply air is HEPA filtered
- Exhaust air is filtered by 2 HEPA filters or 1 HEPA filter 100% exhausted to the outside
- Offers the highest protection
- Work is done though integrated gloves
- All equipment is integrated in the BSC





### **HEPA Filters**

### High-Efficiency Particulate Air filter

Borosilicate filter medium

Aluminum separator



Wooden frame

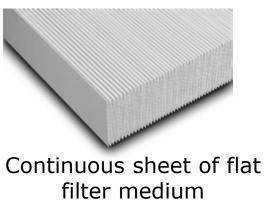
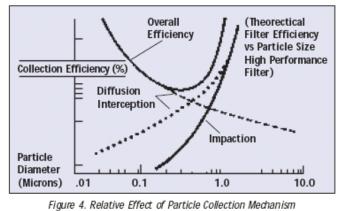


Figure 3. Air Filtration Theory Particle Collection Mechanisms

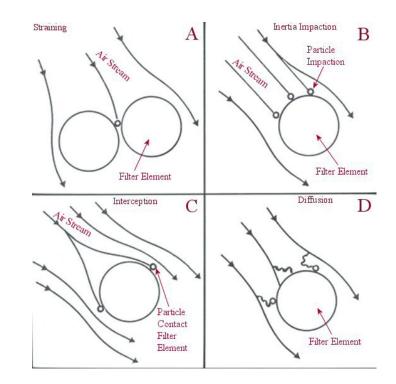


Labconco



# **Function of HEPA**

- Particles removed by:
  - > Inertia impaction
  - > Interception
  - > Diffusion
  - > Straining
- Particles attach by electrostatic (Van der Waals) forces
  - > difficult to dislodge
    - (unlikely that a properly functioning HEPA is the cause of contamination)

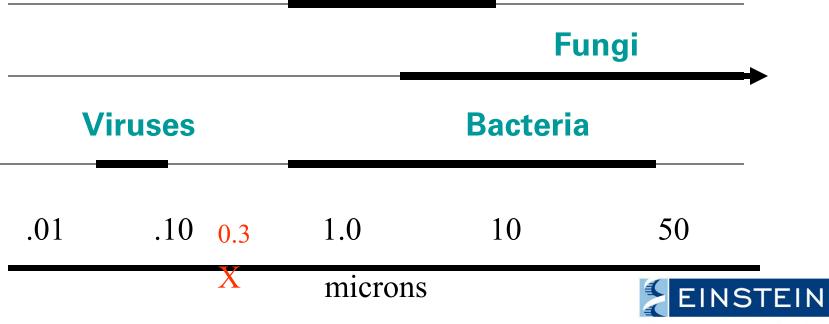




### **Particle Size Ranges**

### **Typical aerosolized bacteria**



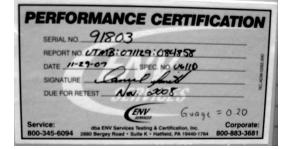


## **Proper Use of a BSC**

- Before starting
  - If BSC off, turn on 20 min before using for infectious agents
    - Can set up work during this time
  - Check the monitors of the BSC

### Set up work area

- Decontaminate all surfaces of the BSC
  - Walls, work surface, glass
- Place the essential material needed for a specific experiment in the BSC after surface decontamination
- Organize work place
- Wait 5 min before starting work







### **Completion of Work**

- Surface decon and remove experimental cultures
- Discard infectious waste into the waste container
- Cover, and secure waste containers
- Surface decon all equipment and remove from BSC
- Surface decon and remove waste containers
- Surface decontaminate all surfaces of the BSC
  - Consider use of a dry "Swiffer" to reach all surfaces



### **BSC Reminders**

- Use BSC for manipulating infectious agents or human materials
- Keep work areas free of unnecessary clutter including equipment and supplies.
  - Ignoring this may result in a loss of proper airflow and an increased risk of contamination
- Organize your work time to avoid rushing
- Keep amount of work to be done realistic
- If you feel yourself getting tired, take a break







- ALWAYS surface decontaminate all surfaces and material coming out of BSC
- ALWAYS change or decontaminate gloves before taking hands out of the biosafety cabinet
- Decontaminate any surface, glove, lab coat that may become contaminated by biological material
- Always use mechanical pipetting aids
- For centrifugation: place the rotor inside the BSC, then wiped down before removal from BSC



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rumm

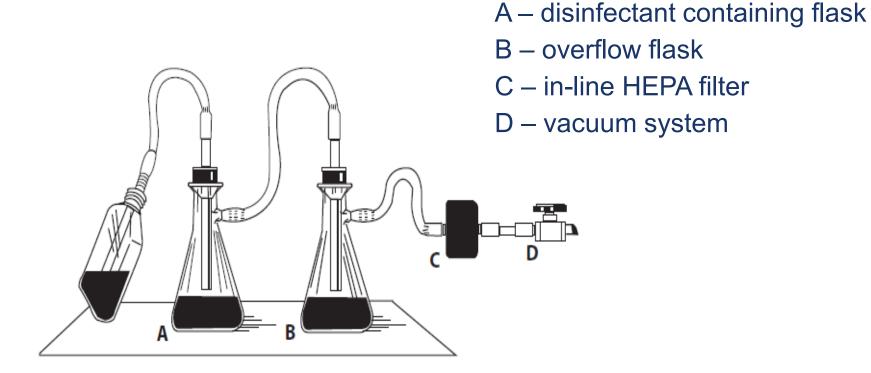
### Don't

- Discard materials outside BSC during experiment
- Cross hands while working in the BSC
- Block front and rear intake grills
- Scratch nose/eyes, get hair out of face with gloves on
- Make sudden swift movements of hands in the biosafety cabinet
- Over-fill waste containers
- Do not use Bunsen burners in BSCs
- Work in the BSC if alarm or warning light is on



STOP

### Vacuum Set-Up





# **Aerosol-Producing Procedures**

- Centrifuge
- Vortex
- Rocking/shaking cultures
- Lyophilization
- Sonication
- Tissues grinding
- Cell Sorting
- Pipetting
  - Opening tubes









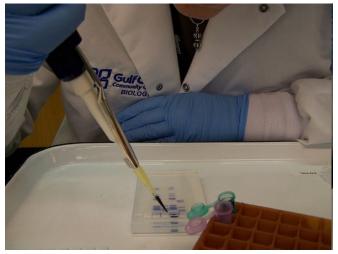




# Pipetting



- Open centrifuge tubes carefully
  - Cap openers prevent spills on thumbs
- Pipette in a slow and controlled motion
- Should not hear the "clicking sound' of your pipetter
- Filtered pipette tips do not replace good technique



# Centrifuges used for Potentially Infectious materials

- You need a sealed or gasketed rotor if run outside of BSC
   For blood and infectious agents
- If no seals/gaskets
  - Order "safety cups"
  - Load, unload and run inside the BSC





## **Proper Use of Centrifuges**

- All personnel must be trained on the proper use of centrifuges.
  - Rotors and seals must be checked before and after each procedure.
  - Check tubes for cracks before and after use.
  - Balance tubes
    - Critical for ultracentrifuges
  - Wait 5 min before opening the centrifuge





# Disinfection

- Solutions most commonly used
  - 10% bleach (freshly made)
    - Allow sufficient contact time (10-15 minutes) to ensure decontamination.
  - Other EPA registered tuberculocidal disinfectant (Cavicide, Wescodyne, Vesphene, etc.)
  - 70% ethanol (kills environmental contamination -- for items going into BSC)







# **Disinfection Procedure**

- Centrifuges
  - Use damp cloth at the end of each procedure
  - Clean Rotors/bucket
    - Inside-at the end of each experiment
    - Outside-wipe each time it is taken out of the BSC
- Bench top
  - Wipe down
    - Before and after each experiment
    - End of the day
    - After a spill





# **Spill Procedures In a BSC**

- Alert your co-workers
- Change PPE
- Cover with absorbent material
- Flood area with appropriate disinfectant
- Allow 15 min for disinfectant to be effective
- Notify supervisor
- Decontaminate all material
  - Place cleaning waste into waste container in the BSC
  - Disinfect equipment, remove, and clean the BSC
- Place all waste in red biohazard bag
- Change PPE
- Resume work



## **Spill Procedures in Centrifuge**

- If centrifuge is in the BSC, use BSC spill procedure
- If the centrifuge is outside of BSC:
  - Close centrifuge and stop work immediately
  - Notify co-workers and place a note on centrifuge so no one uses it. Leave it closed for 60 min
  - Notify your supervisor
  - Don necessary PPE
  - Absorb spilled material with paper towel, pour disinfectant on spill, and wait 15min
  - Clean all potentially exposed surfaces
  - Remove rotor and decontaminate it in BSC



# **Spill Procedure in the Laboratory**

- Stop work immediately and notify co-workers
- Remove any contaminated clothing
- Wash any exposed skin, flood eyes, etc.
- Allow aerosols to settle for 30 min
- Notify supervisor
- Don PPE
- Contain spill with absorbent material
- Pour disinfectant on spill and wait 15 min
- Clean-up spill
  - Remove broken glass (no bare hands)
  - Soak contaminated area again with proper disinfectant and clean outside spill area
  - Remove waste into biohazard red bag
- Remove PPE
- Return to work





## **Disinfection Procedure**



#### Biosafety cabinet

- Surface decontaminated before and after each experiment
- Complete decontamination including underneath the tray monthly

 Incubators should be decontaminated monthly following the manufacturer's guidelines



## **Autoclave Procedures**

- Autoclave is used primarily for solid waste
- 3 ways to verify the autoclave was run
  - Autoclave tape (each run)
  - Biological/chemical indicator
  - Read printout (each run)
    - Indicates temperature, pressure, and time run
- Autoclave malfunction
  - Do not open door (post sign)
  - Notify administrator and supervisor for repair







## **Emergency Procedures**

- Remain Calm
- Wash any area that may have been exposed for 15 minutes.
- Protect yourself and your colleagues from further harm.
- Notify supervisor
- If needed, notify emergency services (911)
- Notify Security (X4111) and EH&S (X4150)
- Seek medical attention, if necessary



#### Radiation

- If you handle, store or dispose of radioactive materials, you must take radiation safety training.
- Please contact EH&S at X2243 for training information.



## Laboratory Safety Sign in Sheet and Quiz

