



The Service-Learning Program at Albert Einstein College of Medicine Presents **MLK WEEK OF SERVICE**

Albert Einstein College of Medicine is joining organizations nationwide in honoring **Dr. Martin Luther King Jr.** through community service. From **January 13 through January 21**, Einstein is offering opportunities for students, faculty, and staff to serve the Bronx community.

SERVICE OPPORTUNITIES



GRASSROOTS GROCERY

Nutrition and Healthy Food Access

Saturday, January 13

8:30 - 11:30 a.m.

1750 East Gun Hill Road (in the shopping center, BEHIND the Dunkin' Donuts)

Grassroots Grocery is a volunteer-powered food rescue and distribution network ensuring that healthy food makes its way into the heart of under-resourced communities. Volunteers help organize and pack up produce and groceries for distribution to the community. If they drive volunteers can also help with produce and grocery distribution.

Website: <https://www.grassrootsgrocery.org>

Contact: Dan Zauderer, dan@grassrootsgrocery.org, 917-497-2514 (please text)

Sign-Up: <https://www.grassrootsgrocery.org/saturday-form>



NIÑO DE LA CARIDAD FOUNDATION

Youth Mentorship

Monday, January 15

9:00 a.m. - 3:00 p.m. (Volunteers don't have to stay for the entire time; they can specify time commitment when signing up.)

578 East Fordham Road, Bronx NY 10458

Niño de la Caridad Foundation is a non-profit organization that serves children in the Bronx Community. Founded by Dr. Denise Nuñez, its primary goal is to extend a helping hand to children. This foundation aims to provide a secure environment in which children are able to enhance their social skills as well as their academics. On January 15, Niño de la Caridad Foundation will be providing food to 300 families from the Bronx community. Volunteers will assist with packaging, distributing, and receiving the food packages. The activity will start at 10:00 a.m.; however, volunteers will be required to attend before the activity begins for organization purposes.

Website: www.ninodelacaridad.com

Contact: Brassly Cruz; bcruz@ninodelacaridad.com

Sign-Up: <https://forms.gle/owjs73gDXfBK4cMh8>



IMMANUEL CARES GLOBAL

Support for People Experiencing Homelessness

Tuesday, January 16

12:30 - 4 p.m.

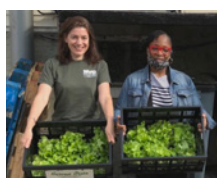
800 Barreto Street, Bronx NY (Sidewalk)

Immanuel Cares is a 501(c)(3) organization working in the Bronx, New York area to improve the quality of life and wellbeing of individuals and families living in impoverished communities in the United States, Jamaica, and Worldwide through access to relief, mental, health, and social services. Volunteers, especially those in the healthcare field, will assist with basic medical screenings, including but not limited to blood pressure and diabetes screens and health education for people experiencing homelessness or community members who may be experiencing hardship at this time.

Website: <https://immanuelcaresglobal.org/>

Contact: Natali Sorajja; natali.sorajja@einsteinmed.edu

Sign-Up: https://einsteinmed.co1.qualtrics.com/jfe/form/SV_cYfhQYu10BcGBa6



PROJECT BRAVO OF MONTEFIORE MEDICAL CENTER

Nutrition and Healthy Food Access

Wednesday, January 17

9:30 a.m. - 12:30 p.m.

3058 Bainbridge Ave, Bronx, NY 10467

A product of Montefiore Health System's mission to care for everybody and the whole body, Project BRAVO Food Pantry is a community-based, hospital-driven initiative designed to combat food insecurity for high-risk individuals and families. Our Bronx home, one of the poorest congressional districts in the nation, is a "food desert" where residents lack access to healthy food—or any food at all for those facing the highest levels of poverty. Our services include nutrition support as well as provision of pre-made meals, shelf-stable goods, fresh produce, household and baby supplies, and more. At Project BRAVO, volunteers will have the opportunity to help organize and shelve food items, package groceries, and distribute packaged meals and groceries. Please dress warm as food distribution is outdoors!

Website: <https://www.projectbravofoodpantry.org/>

Contact: Tynisha Malone; tmalone@montefiore.org

Sign-Up: https://einsteinmed.co1.qualtrics.com/jfe/form/SV_2tvNwx0Qs07tLlO



NEW VISIONS HIGH SCHOOL FOR ADVANCED MATH AND SCIENCE II/
PELHAM LAB HIGH SCHOOL

STEM Engagement

Friday, January 19

1:00 - 3:30 p.m.

1300 Morris Park Ave, Bronx NY 10461

Students from New Visions HS and Pelham Lab HS will be coming to Einstein's campus during the MLK Week of Service to explore careers in science and medicine! Volunteers are needed to serve as tour guides and mentors to high school student visitors. We are also seeking physicians and PIs who are interested in participating in a career panel and for lab tours.

Website: New Visions: <https://www.newvisions.org/ams2>

Pelham Lab High School: <https://www.schools.nyc.gov/schools/X320>

Contact: Holly Nuthmann; holly.nuthmann@einsteinmed.edu

Sign-Up: https://einsteinmed.co1.qualtrics.com/jfe/form/SV_6P8IKCDBCAkgLyu

Paid Time Off Available: Albert Einstein College of Medicine Human Resources is offering two hours of paid time off to employees who volunteer their time during the designated week, whether one's community efforts are through Einstein or another volunteer organization of your choosing. "While you can volunteer throughout the week for as many hours as you wish, we're happy to provide employees with two hours of paid time toward their goodwill efforts," said Yvonne Ramirez, Vice President of Human Resources. "We know that members of the Einstein community will show their hearts as they so often do."

If you are participating, please coordinate this time with your supervisor. To record the two hours of paid time in Kronos, it would be Code 10 – University approved time – with an additional comment (MLK Service).

MLK Week of Service Competition

You are encouraged to **log your hours** through January 21, 2024, to participate in our service competition. Two individuals and the top department, club, or group completing the most service hours between January 13 and 21, 2024, will receive a prize.



Service-Learning Program
Office of Medical Education