



# Weight Watchers Webinar Schedule



## Join us!

Below is a list of live, interactive webinars hosted by Weight Watchers in the next few months. Make sure to check them out!



When: Available On Demand (1 hour)

Topic: Introducing WW Freestyle™ Webinar to Employees

Register Here: [webinar.weightwatchers.com/e/WWFreestyle](http://webinar.weightwatchers.com/e/WWFreestyle)

When: Thursday, March 22<sup>nd</sup> at 2:00pm EST (1 hour)

Topic: Chef Ryan Wholesome Cooking Techniques

Register Here: [webinar.weightwatchers.com/r/WCT2018](http://webinar.weightwatchers.com/r/WCT2018)



When: Thursday, April 26<sup>th</sup> at 2:00pm EST (1 hour)

Topic: Chef Ryan: Nutritious Food Design

Register Here: [webinar.weightwatchers.com/r/NFD2018](http://webinar.weightwatchers.com/r/NFD2018)

When: Tuesday, May 22<sup>nd</sup> at 4:00pm EST (1 hour)

Topic: **NEW!** Cooking with Julie: Meal Prep Solutions for the Work Week

Register Here: [webinar.weightwatchers.com/r/MPS2018](http://webinar.weightwatchers.com/r/MPS2018)



When: Thursday, June 7<sup>th</sup> at 2:00pm EST (1 hour)

Topic: A Transformation Story

Register Here: [webinar.weightwatchers.com/r/Transformation2018](http://webinar.weightwatchers.com/r/Transformation2018)

When: Tuesday, June 19<sup>th</sup> at 1:00pm EST (1 hour)

Topic: **NEW, in observance of Men's Health Month!** A Transformation

Story: Male POV

Register

Here: [webinar.weightwatchers.com/r/TransformationMalePOV2018](http://webinar.weightwatchers.com/r/TransformationMalePOV2018)

