

CDTR Website Content

Evidence-based resources and materials for diabetes education, support, prevention, and intervention, available in Spanish and English:

National Diabetes Prevention Program:

<https://www.cdc.gov/diabetes/prevention/index.html>

<https://www.cdc.gov/diabetes/prevention/resources/curriculum.html>

From the American Association of Association of Diabetes Educators (AADE) website, the following resources map onto the AADE-7 self-care behaviors for diabetes self-management:

<https://www.diabeteseducator.org/living-with-diabetes/spanish-resources>

<https://www.diabeteseducator.org/practice/practice-tools/app-resources/the-aade7-self-care-behaviors-the-framework-for-optimal-self-management>

Diabetes-relevant health education materials from the National Institute of Diabetes, Digestive, and Kidney Disorders:

<https://www.niddk.nih.gov/health-information/informacion-de-la-salud/diabetes>

Diabetes and cardiovascular disease relevant health education materials from the National Heart Lung and Blood Institute:

<https://www.nhlbi.nih.gov/health/educational/healthdisp/health-education-materials/hispanic-latino.htm>

Community outreach materials designed for Hispanic/Latino/Latinx persons at risk for diabetes:

<https://www.cdc.gov/diabetes/professional-info/toolkits/camino-hacia-buena-salud.html>

Handouts addressing diabetes self-management behaviors and skills, presented in multiple languages, by the Scripps Whittier Diabetes Institute:

<https://www.scripps.org/services/metabolic-conditions/diabetes/diabetes-professional-training/handouts> (multi-lingual)