

Meredith Hawkins, M.D.*Professor, Medicine (Endocrinology), Einstein**Director, Global Diabetes Initiative, Einstein**Attending Physician, Medicine, Montefiore Medical Center*

Dr. Hawkins' research spans the gap from bench to bedside, and encompasses issues related to the drastic global rise in diabetes prevalence. Her research at Einstein focuses on the role of nutrients and inflammation in the pathogenesis of insulin resistance and diabetes. She is the recipient of the Outstanding Clinical Associate Physician Award from the National Institutes of Health, the Novartis Young Investigator Award and the Junior Physician Scientist Award of the American Federation of Medical Research.

In 2008, Dr. Hawkins founded the Global Diabetes Initiative at Einstein as a culmination of her diabetes medical education work over the past 14 years in South and Central America, Eastern Europe, Africa and Asia. Under her leadership, Einstein's Global Diabetes Initiative is partnering with faculty at Makerere University medical school in Kampala, Uganda, to develop a more formal medical education program. In collaboration with the world-renowned Christian Medical College in Vellore, India, Dr. Hawkins' team is investigating the pathogenesis of the poorly understood condition called "malnutrition diabetes." Dr. Hawkins is also one of the organizers of the annual International Conference for Continuing Medical Education, alternating between Asia and Africa.