



2024-2025

SERVICE LEARNING



At the Albert Einstein College of Medicine, one of our missions is to provide our students with opportunities to foster meaningful connections and collaboration with the Bronx community. Einstein’s longitudinal Service-Learning Course was developed in 2022 in alignment with this mission. In this course, students will learn about the needs and strengths of the Bronx and other local communities by pairing active community service with critical reflection and a dedicated curriculum imparting the knowledge, skills, and attitudes needed for successful community engagement.

Students will:

1. partner with community-based organizations (CBOs) to engage in meaningful service that meets the community’s identified needs and has reciprocal benefits to the student and the community served.
2. have structured time to prepare for, reflect on, and connect the service experience to professional competencies such as cultural humility, professionalism, inter- and intra-professional communication, teamwork, and social responsibility.
3. have opportunities to interweave service-learning with other educational and clinical experiences across the medical school curriculum to learn about and address social determinants of health in order to provide patient-centered care with cultural humility.



To achieve these goals, students will partner with a community-based organization in one of **12 focus areas** to **complete 40 hours of service over the course of one year**. The focus areas and service-learning sites are described in the following pages:



Advocacy & Community Health Promotion



Human Rights & Access to Care



Services & Supports for People with Disabilities



Environmental Justice & Sustainability



LGBTQ+ Advocacy & Support



STEM Engagement/ Professional Development



Exercise & Active Lifestyle



Mental and Behavioral Health



Youth Mentorship



Health Education



Nutrition & Healthy Food Access



Homelessness & Harm Reduction



Reproductive Justice



Lauren Roth, MD (she/her)
Director



Holly Nuthmann, LMSW (she/her)
Program Manager



Maya Rivera (she/her)
Administrative Assistant



Advocacy & Community Health Promotion

Montefiore Office of Community & Population Health

Dedicated to advancing the health of the entire community, the Montefiore Office of Community and Population Health (MOCPH) works in partnership with community organizations to assess needs and resources and develop and implement innovative programs that address critical health issues faced by Bronx residents. Einstein students will develop and lead a workshop series on a variety of health topics with Bronx community groups and contribute to the community engagement plan for the 2025-2027 Bronx-wide Community Health Needs Assessment. Students will also assist the MOCPH team with survey collection in the Bronx.

Bronx Oncology Living Daily (BOLD) Cancer Wellness Program

BOLD is a wellness and support program open to anyone affected by cancer, including Montefiore Einstein Cancer Center patients, family caregivers and members of the cancer care community. Einstein students will provide health education and wellness workshops, conduct clinical outreach in the Bronx community around cancer screenings, perform quality of life assessments with Bronx cancer patients, participate in cultural and identity-based cancer outreach task forces, and engage in other activities involving cancer patient support and cancer outreach in the community.

Bronx Community Board 9

Bronx Community Board 9 serves the communities of Bronx River, Castle Hill, Clason Point, Harding Park, Parkchester, Park Stratton, Soundview / Bruckner, & Unionport. Bronx Community Board 9's mission is to create family friendly neighborhoods for all. Einstein students will attend community board meetings and events, collect and learn about city-wide and local resources available to our communities, engage in health-related projects that serve our residents, and engage seniors in community activities, share important information with them, and help seniors stay connected to current and future events to encourage their input and participation.

<https://www.montefiore.org/in-the-community>

Site Leader: Elizabeth Spurrell-Huss,
Director of Health Equity Programs

Address: 243 East 204th St, Bronx NY 10458

Frequency: Weekly or Twice Monthly

Timing: Tues, Wed, Thurs afternoons 11-1pm;
some weekend events

<https://cancer.montefioreeinstein.org/community-outreach-engagement/bronx-oncology-living-daily>

Site Leader: Brittany Miller, *Project Director,*
Cancer Health Equity Initiatives

Address: 1300 Morris Park Ave, Belfer 1006

Frequency: Monthly or Twice Monthly

Timing: Weekend events for outreach and
weekday hours for the doula program
and wellness workshops

Note: BOLD is NOT part of the lottery and requires an application and interview

<https://www1.nyc.gov/site/bronxcb9/index.page>

Site Leader: Shirley San Andres-Alonzo,
Deputy District Manager

Address: 1967 Turnbull Avenue, Bronx NY 10473

Frequency: Monthly or Twice Monthly

Timing: Weekdays 11am-4pm (site visits) and
board meetings on the 3rd Thursday of
the month at 6:30pm





Environmental Justice/ Sustainability

Friends of Pelham Parkway


The Friends of Pelham Parkway is an environmental group of volunteers in Pelham Parkway. The group advocates for environmental and social justice utilizing the greenway including equity in parks maintenance and native trees planting. The group partners with local schools such as Bronx Dale High School to clean up the local Bronx community. Einstein students will participate in cleaning, planting, raking, and painting in Pelham Parkway, in addition to coordinating outreach and organizing events to support these efforts.

 <https://www.facebook.com/FriendsofPelhamParkway/>

 **Site Leader: Roxanne Delgado**, *Founder*

 **Address:** 2314 Holland Ave, Bronx NY 10467

 **Frequency:** Weekly or Twice Monthly

 **Timing:** Weekend events plus meetings for event planning



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Exercise & Active Lifestyle

Achilles International: Bronx Running Chapter


Achilles International, a global organization operating in 18 countries including the US, transforms the lives of people with disabilities through athletic programs and social connections. Einstein students will continue to develop and grow the Bronx Running Chapter and recruit volunteers and people with disabilities to run, connect, and support each other.

 <https://www.achillesinternational.org/>

 **Site Leader: Ariel Fishman**, *Senior Director, Office of Institutional Research*

 **Address:** Belfer 407A, runs in Pelham Bay Park

 **Frequency:** Weekly

 **Timing:** Wednesdays 6-8pm and occasional additional meetings

Note: Achilles is NOT part of the lottery and requires an application and interview


Montefiore Adaptive Sports Team

Montefiore's Department of Physical Medicine and Rehabilitation coordinates an adaptive sports team that offers physical activity for people with disabilities. Sports range from wheelchair basketball and tennis to adaptive boxing, yoga, and zumba. A recent partnership with Achilles International has led to weekday opportunities for adaptive cycling. Einstein students will coordinate and support these efforts.

 **Site Leader: Eugene Palatulan**, *Attending Physician*

 **Address:** Various locations throughout NYC


 **Frequency:** Monthly

 **Timing:** Saturdays/ Sundays 11am-1pm; Mon/Thurs 6-8pm (Adaptive Basketball); Wed Mornings (Adaptive Cycling)

New York Junior Tennis & Learning (NYJTL) / Cary Leeds Center for Tennis & Learning


The mission of New York Junior Tennis & Learning is to develop the character of young people through tennis and education for a lifetime of success on and off the court. NYJTL Scholar Athlete Program offers high quality tennis and educational support to provide a pathway for under-resourced NYC children to attend and graduate from college. Einstein students will participate in health education and youth sports with Scholar Athlete participants.

 <https://www.nyjtl.org/caryleeds/>

 **Site Leader: Raiyan Nafee**,
Academic Program Director, Scholar Athletes Program

 **Address:** 1720 Crotona Ave, Bronx, NY 10457

 **Frequency:** Monthly or Twice Monthly

 **Timing:** Saturdays and Sundays 11am-3pm

PS 121 (BODY Active Lifestyle)


Einstein's Bronx Obesity Diabetes and You (BODY) Active Lifestyle student group developed a program to provide exercise and nutrition activities with elementary school children. In this program at PS 121, Einstein students will work with 4th and 5th grade students on a biweekly basis to emphasize the importance of an active lifestyle and healthy eating through a mix of physical activity and learning.

 <https://www.schools.nyc.gov/schools/X121>

 **Site Leader: Melissa Gonzalez**, *Assistant Principal*

 **Address:** 2750 Throop Ave, Bronx NY 10469

 **Frequency:** Twice Monthly

 **Timing:** Tuesdays 12:35pm-2:15pm (can be flexible)



Health Education

Bedford Park Multi Service Center for Senior Citizens, Inc

Known as the Sister Annunciata Bethell Senior Center, whose mission is to provide a "Home Away From Home" - a place to gather with friends, to share a meal, and serve as a safe haven from isolation. They strive to enhance the quality of life of seniors by promoting healthier lifestyles through cultural, technological, nutritional, physical and social programming. Einstein students will participate in these programs including the hypertension clinic and conduct health promotion topic discussions.

 <http://www.annunciata.org/>

 **Site Leader: Patricia Burlace**, *Executive Director*
Annette Boykins, *Assistant Director*

 **Address:** 243 East 204th St, Bronx NY 10458

 **Frequency:** Monthly

 **Timing:** Weekdays 10am-3pm

Riverdale Senior Services

Riverdale Senior Services (RSS) is a nonprofit agency dedicated to enhancing the lives of older adults and their families through our wellness-focused approach. We strive to empower community members to live their best, happiest, and healthiest lives. Einstein students will work closely with RSS health professionals to deliver health education programs to the community. This partnership will enhance health outcomes for community members by providing accessible and informative health education.

 <https://rssny.org/>

 **Site Leader: Barbara Denson**,
Programs Specialist

 **Address:** 2600 Netherland Ave. Bronx, NY 10463

 **Frequency:** Monthly

 **Timing:** Weekdays 10am-6pm

Montefiore School Health Program

The Montefiore School Health Program (MSHP)—the largest and most comprehensive school-based health program in the country—provides coordinated primary and preventive healthcare to public elementary, middle and high school students throughout The Bronx and Southern Westchester County. Einstein students will participate in classroom-based education and outreach about services such as vision screening to the school community including teachers, students and families.

 <https://www.montefiore.org/school-health-program>

 **Site Leader: Erica Otoo**,
Optometrist of School Health Program

 **Address:** 3380 Reservoir Oval East, Bronx NY 10467

 **Frequency:** Monthly

 **Timing:** Weekdays 8am-3:30pm

Yonkers Public Library


The Yonkers Public Library provides extensive programming to support and improve the health of its patrons. Einstein students will develop and lead health education workshops on topics including hypertension, diabetes, nutrition, stress & anxiety, bike safety; participate in the parent-kids healthy reading/healthy lifestyle initiative; assist with case management services; and coordinate the blood pressure cuff program.

 <https://www.ypl.org/>

 **Site Leader: Shauna Porteus**, *Deputy Director*

 **Address:** 1 Larkin Center, Yonkers NY 10701

 **Frequency:** Monthly

 **Timing:** Flexible hours but may include weeknights and/or weekends



Homelessness & Harm Reduction

Boom! Health Harm Reduction Center (Argus Community Inc)

The Harm Reduction Center provides participants who are injecting drug users with sterile syringes and other harm reduction supplies at its drop-in center and through Peer delivery syringe exchange. Support services include low-threshold counseling services, crisis intervention, HIV/HCV testing and linkage to care. The Drop-in Center also provides daily support and education groups (including LGBT support groups), care coordination services, wound care, acupuncture and complementary therapies. Einstein students will participate in health education and other harm reduction efforts.

<https://www.boomhealth.org/>

Site Leader: Ed Manchess, Vice President
of Harm Reduction Services

Ramon Ocasio, Assistant Director of
Harm Reduction Services

Address: 226 E 144th St, Bronx NY 10451

Frequency: Monthly

Timing: Weekdays 9am-5pm,
Saturdays 8am-3pm

Breaking Ground

Breaking Ground's mission is to strengthen individuals, families, and communities by developing and sustaining exceptional supportive and affordable housing as well as programs for homeless and other vulnerable New Yorkers. In partnership with Breaking Ground staff, Einstein students will primarily develop and deliver health education/promotion presentations (in small group format) on topics of relevance for our population and may also participate in a range of ongoing programming at our residences including various tenant activities, workshops, events, etc. Additional experiential learning opportunities are also possible based on interest and availability.

<https://breakingground.org>

Site Leader: Elizabeth Powers, Assistant Director
of Healthcare Initiatives

Address: 445 E 142nd St. Bronx NY, 10454

Frequency: Monthly

Timing: Monday or Tuesday afternoons
(can be flexible)

BronxWorks/The Living Room Drop-In Center

The Living Room is one of the only 24-hour drop-in centers in the Bronx for street homeless adults. Clients are welcome to spend time off the street, use the laundry and showers, eat a hot meal, and get other essential help. The Living Room is a long-time partner of the student-run Homeless Outreach Project at Einstein (HOPE) group, which seeks to provide educational and health resources to the homeless and high-risk populations of the Bronx. Einstein students will provide health education, facilitate enrichment activities, and participate in stress reduction and harm reduction interventions.

<https://bronxworks.org/our-services/adult-and-family-homeless-services/adult-shelter-services/>

Site Leader: Andrea Littleton, Medical Director

Address: 209 W 125th St, New York NY 10027

Frequency: Monthly or Twice monthly

Timing: Tuesdays or Thursdays 10am-6pm

Note: HOPE is NOT part of the lottery and requires an application and interview



Homelessness & Harm Reduction

Department of Homelessness Services- Harm Reduction Training Team

The NYC Department of Homeless Services (DHS) is a social service organization providing temporary shelter to over 100,000 households annually in over 400 shelters. People experiencing homelessness experience significant health disparities and face numerous challenges accessing and engaging in care and prevention services. DHS is developing a CME/CNE accredited "Harm Reduction Training for Homeless Health Care Provider" training series to build capacity of DHS affiliated medical providers to provide care to clients in shelter. Einstein students will work with DHS administration to develop training content alongside leaders in the field of medical education and harm reduction care, as well as plan, implement and evaluate the training series project.

Streetwork Project

The Safe Horizon Streetwork Project operates Drop-In Centers where youth experiencing homelessness can socialize in a safe non-judgmental place. In the Drop-Ins, young people can get help with daily necessities such as meals, showers, clothing, wellness activities; medical care; legal assistance; mental health services; sexual health and HIV prevention materials and testing; obtaining identification; obtaining public benefits; linkages to emergency shelter; and housing advocacy. Einstein students will participate in meal preparation, health fairs, and other needs at the Drop-In Centers.

 <https://www.nyc.gov/site/dhs/index.page>

 **Site Leader: Olivia Rothseid,**
Harm Reduction Grant Program Manager

 **Address:** 33 Beaver St. 13th Floor, New York NY 10004

 **Frequency:** Weekly (Virtual Meetings) and Monthly
(Clinical Training Sessions)

 **Timing:** Fridays at 10am; Flexible hours

 <https://www.safehorizon.org/streetwork/>

 **Site Leader: Tamara Amoah-Awuah,**
Assistant Director of Drop In and HIV Services

 **Address:** 209 W 125th St, 2nd Floor New York NY 10027

 **Frequency:** Monthly

 **Timing:** Weekdays 10am-6pm except Wednesdays



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Human Rights & Access to Care

Einstein Community Health Outreach (ECHO) Free Clinic

The ECHO Free Clinic in the Bronx, New York City, offers free, high-quality healthcare to uninsured residents. Einstein students on the pre-clinical board use ECHO as a service-learning site, managing daily operations like patient intake, appointment scheduling, and supply oversight. With 16 positions and 24 seats, they ensure smooth clinic functions. Pre-clinical board members collaborate with the clinical board and medical directors through regular meetings and strategic planning. This hands-on experience enhances students' leadership, teamwork, and healthcare delivery skills, preparing them to become compassionate and competent healthcare professionals.

ECHO Pre-Clinical Board Coordinators

Community Education Coordinator (1) Coordinates tutoring and health education programs for the community, ensuring adequate training for volunteers. Manages outreach events and health lessons, enhancing educational support for local schools.

Front-Back Desk Coordinator (2) Oversees clinic scheduling, patient registration, and data entry, ensuring smooth clinic operations. Trains and supervises Front and Back Desk volunteers, addressing any procedural concerns.

Interpreter Coordinator (1) Recruits, manages, and trains Spanish interpreters, ensuring effective communication between patients and clinic staff. Coordinates translation of clinic documents and supports cross-cultural patient care initiatives.

Labs Coordinator (3) Manages lab operations, including stocking materials and tracking lab requisitions and results. Oversees the training of lab volunteers and ensures accurate input of lab data.

Patient Advocate Coordinator (2) Organizes health education and advocacy training sessions for patient advocate volunteers. Maintains patient advocate schedules and ensures volunteers are well-prepared to counsel patients.

Pre-Health Program & Scheduling Coordinator (2) Manages clinic schedules and the pre-health summer volunteer program, including application processing and training.

Public Health Coordinator (1) Manages volunteers for weekday call nights and vaccinations tracking. Coordinates public health efforts to help patients achieve long-term health goals.

Quality Improvement/Research Coordinator (1) Develops and implements initiatives to improve clinic functioning, supporting various research projects. Facilitates the creation of abstracts and poster presentations for conferences.

Referrals Coordinator (3) Ensures patients obtain necessary specialist consultations and tracks appointments and results. Trains referral volunteers and maintains communication with medical providers.

Reproductive Health Coordinator (1) Oversees reproductive health services and supplies, ensuring availability and proper management. Trains reproductive health volunteers and integrates services within the clinic workflow.

Weekly Coordinator (2) Prepares for patient visits by reviewing charts and anticipating potential clinic day issues. Leads projects to improve patient care and coordinates volunteer training.

 **More Info:** <https://www.einsteinmed.edu/students/>

 **Site Leader:** **Amarily Cortijo,**
ECHO Medical Director

 **Address:** 1894 Walton Ave, The Bronx, NY 10453

 **Frequency:** Weekly

 **Timing:** Saturdays, Weeknight Board Meetings

Note: ECHO is NOT part of the lottery and requires an application and interview.

ECHO Project Director (1)

The Project Director oversees the Pre-Clinical Board, serving as the liaison between the Clinic Board, Medical Directors, and external organizations. Responsibilities include recruiting volunteers, organizing board meetings, collaborating with Weekly Coordinators for patient care, supporting fundraising with the Development Officer, managing public relations with the Communications Officer, and contributing to the Annual Report with the Quality Improvement Coordinator.

ECHO Pre-Clinical Board Officers

Communications Officer (1) Oversees public relations and manages ECHO's social media platforms, ensuring effective communication with the community. Organizes the annual ECHO Gala and maintains relationships with alumni and community partners.

Development Officer (1) Leads fundraising efforts and organizes events to promote ECHO within the Einstein community. Coordinates volunteer activities and public relations to enhance volunteer morale and clinic visibility.

Finance Officer (1) Manages the clinic's budget, oversees financial planning, and ensures timely reimbursements. Works closely with the Office of Medical Education to maintain the ECHO bank account and financial records.

Outreach Officer (1) Builds and maintains relationships with community organizations to increase patient flow into ECHO. Conducts outreach efforts, including hosting educational events and tabling at community fairs.



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Human Rights & Access to Care

Einstein Human Rights Clinic

The Einstein Human Rights Clinic (EHRC) is a student-led organization established in 2023 by Einstein students and Dr. Carolina Miranda in partnership with The Bronx Health Collective (a Federally Qualified Health Center in the Montefiore Health System and the flagship site of the Children's Health Fund). The EHRC aims to meet the increasing need for medical evaluations of immigrants seeking asylum in the US. Participating students will assist in the completion of forensic medical evaluations by taking detailed notes and drafting medical affidavits under the direct supervision of licensed clinicians. Additionally, students will lead the clinic by maintaining clinic operations and partnerships, expanding the volunteer base, and propelling future clinic development.

 <https://www.childrenshealthfund.org/bronx-health-collective/>

 **Site Leader: Carolina Miranda, MD,**
*Assistant Professor, Department of
Family and Social Medicine*

 **Address:** 853 Longwood Ave, Bronx NY 10459

 **Frequency:** Monthly

 **Timing:** Weekdays during clinic hours

Note: Spanish fluency required



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LGBTQ+ Advocacy & Support

WJCS Center Lane

WJCS Center Lane was founded in 1995 and was the first and is still the only program and educational center for Lesbian, Gay, Bisexual, Transgender, and Queer/Questioning (LGBTQ+) youth, under 21, in Westchester County. WJCS Center Lane is where LGBTQ+ youth create community, connect with culture and contribute to the world. Einstein students will coordinate monthly events for LGBTQ+ youth and ongoing support for programming and support groups.

<https://www.wjcs.com/services/centerlane/>

Site Leader: Liz Verrastro, *Social Worker*

Address: 845 North Broadway, White Plains, NY 10601

Frequency: Weekly or Twice Monthly

Timing: 1st and 3rd Friday of the month 6-9pm (structured socialization), events on Saturdays/Sundays, Wednesdays 6-9pm (Transparency Group)



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Mental and Behavioral Health

Arts and Integrative Medicine Program at Montefiore Child Outpatient Psychiatric Department

AIM delivers collaborative, compassionate, community health care programming that is equity-focused, trauma-responsive, and arts-infused. The AIM program at Montefiore integrates evidence-based practices with community-informed theories and practices to meaningfully engage with and amplify the voices of young patients, health care workers and families in the Bronx. Einstein students will engage in a narrative medicine service-learning project involving AIM participants, the community, and at least one of the following arts initiatives: songwriting, spoken-word poetry, dance, filmmaking, fine arts, heritage arts, gardening, and/or photography.

Human Development Services of Westchester (HDSW)

HDSW is a social service organization providing quality behavioral health, rehabilitative, health, residential, and community stabilization services in Westchester County. HDSW is dedicated to empowering the individuals and families we serve to achieve self-sufficiency. Einstein students will work with the various programs to create unique projects, from group classes to individualized work with clients.

Kings Harbor Multicare Center

The Kings Harbor Multicare Center provides long-term and short-term skilled nursing care for more than 700 residents. Einstein students will establish longitudinal relationships with select nursing home residents that they will continue to nurture over the period of their time spent here. In addition, they will be administering periodic cognitive and depression screening under the guidance of licensed Social Workers in the facility during their visits. The students will also be volunteering and assisting in seasonal and regular recreational activities organized by the facility, e.g. Halloween parade, wheelchair decorating contest, bingo, cooking classes, etc. as per their schedule.

<https://www.montefiore.org/doctors/profiles/1700028685/Jenny-Seham>

Site Leader: Jenny Seham, PhD,
Founder and Director

Address: 3340 Bainbridge Ave. Bronx, NY 10467

Frequency: Weekly

Timing: Tuesdays or Wednesdays

<https://www.hdsw.org>

Site Leader: Kathy Pandekakes,
Chief Executive Officer

Address: 930 Mamaroneck Ave,
Mamaroneck NY 10543

Frequency: Monthly

Timing: Weekdays and weekends 9am-7pm

<https://www.kingsharbor.com/>

Site Leader: Shikta Gupta,
*Assistant Professor of Medicine
(Geriatrics)*

Address: 2000 E Gunhill Rd, Bronx NY 10469

Frequency: Monthly

Timing: Tuesday/Wednesday afternoons 1-5pm +
events



Nutrition & Healthy Food Access

Food Bank for New York City

Food Bank for New York City is the city's largest hunger-relief organization with a mission to end hunger by organizing food, information and support for community survival and dignity. Einstein students will develop and provide nutrition education workshops and food demonstrations as well as assist with pantry needs.

<https://www.foodbanknyc.org/>

Site Leader: Melanie Zuniga,
Community Dietitian
Zac Hall, *Senior Vice President,*
Programs

Address: 252 W 116th St, New York NY 10026

Frequency: Monthly

Timing: Weekdays 10am-3:30pm

Grassroots Grocery

A volunteer-powered food rescue and distribution network ensuring that healthy food makes its way into the heart of under-resourced communities. Einstein students will consider the community fridge infrastructure in the city and will work to improve food rescue activities related to that infrastructure.

<https://www.grassrootsgrocery.org/>

Site Leader: Dan Zauderer, *Executive Director*

Address: 1957 Turnbull Avenue, Bronx NY 10473

Frequency: Monthly

Timing: Saturdays 8:30-11:30am

Note: preference for students with cars

Mosholu Montefiore Community Center

MMCC is a vital community resource that changes the course of lives of Bronx and Manhattan residents. MMCC combats food insecurity through a food pantry that provides healthy fresh food options to the community and an aeroponic tower program that encourages people to eat more plant-based foods. MMCC's culinary program provides hands-on skills training to students ages 18 - 24 who are looking to pursue a career in the culinary industry. Einstein students will assist with packing, client registration, stock and distribution for the pantry, and management of the aeroponic tower. Einstein students will also have the opportunity to assist with MMCC's culinary program.

<https://www.mmcc.org/about-mmcc/>

Site Leader: Jackina Farshtey,
Chief of Staff
Melanie Plaza,
Volunteer Coordinator

Address: 3450 Dekalb Ave, Bronx NY 10467

Frequency: Twice Monthly

Timing: Mondays and Wednesdays 10am-2pm
(pantry), other weekday hours for the
culinary program and aeroponic tower



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Reproductive Justice

MamaGlow

The Mama Glow Foundation is a community-based 501(c)3 non-profit organization committed to advancing reproductive justice and birth equity through education, advocacy and the arts. Einstein students will be sorted into Arts, Education, and Advocacy fellows. Arts Fellows will work on projects supporting reproductive justice arts initiatives in their local communities and nationally. Education fellows will support the development of educational campaigns in their communities and nationally. Advocacy fellows will support reproductive justice initiatives in their local communities and nationally.

Dr. Emily Women's Health Center Clinic Escorts

Clinic escorts promote access to abortion through non-violent direct action. In partnership with Dr. Emily's, we make clinic access as safe and calm a process as possible. Escorts identify, greet, and inform patients and companions, escorting them into the clinic while minimizing interference of anti-abortion protestors. We are pro-abortion, anti-racist, and patient-centered.

<https://mamaglow.com/>

Site Leader: Leona Hariharan, *Programming and Partnerships Coordinator*

Address: 267 Berry Street. Brooklyn, NY 11249

Frequency: Monthly or Twice Monthly

Timing: Weekdays 10am-6pm

<https://www.dremily.net/>

Site Leader: Chelsea Del Rio, *Director*

Address: 642 Southern Blvd. Bronx NY 10455

Frequency: Twice Monthly

Timing: Saturday mornings, 7:45am-9:45am/
9:45am-11:45am (shift times may vary slightly depending on protestor activity)



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Services & Supports for People with Disabilities

ADAPT Community Network

ADAPT Community Network is the leading human service not-for-profit and a pioneer in providing cutting edge programs and services for people with disabilities. ADAPT Community Network is a partner of The American Academy of Developmental Medicine & Dentistry (AADMD) chapter at Einstein. Einstein students will spend time in the day program and group homes providing health education and other services.

<https://adaptcommunitynetwork.org/>

Site Leader: Vincent Siasoco, *Medical Director*

Address: 1770 Stillwell Ave, Bronx, NY 10469

Frequency: Weekly or Twice Monthly

Timing: Weekdays 9am-2pm

Amputee Walking School / Montefiore Rehabilitation Medicine Department

The Amputee Walking School allows for continued training of the amputee following completion of physical therapy. Training is catered to the patient's abilities, and the patient receives support and encouragement from other amputees of varying ability levels. In collaboration with the Department of Physical Medicine and Rehabilitation (PM&R) and the PM&R residents' amputee support group, Einstein students will partner with the Amputee Walking School to plan and provide regular in-person support groups for amputees.

<https://www.amputeewalkingschool.com/>

Site Leader: Stephanie Rand,
Residency Program Director

Address: 150 E 210th Street, Bronx NY 10467

Frequency: Monthly or Twice Monthly

Timing: Tues/Wed afternoons for meetings;
Walking school events 1-2 Saturdays
throughout the year

Einstein Buddies / Montefiore Rose F. Kennedy Children's Evaluation and Rehabilitation Center

RFK CERC, located in the Van Etten Building, is a comprehensive interdisciplinary center offering premier diagnostic and therapeutic services for infants, children and adults with, or at risk for developmental disabilities. The physical (PT) and occupational therapy (OT) team at RFK CERC has been a longstanding partner of the student-driven Einstein Buddies group, which facilitates Einstein students to attend physical and occupational therapy sessions, assisting in fun play activities guided by the therapist. There are didactic and community participation events that members can organize and help patients and families to enjoy. For this site, Einstein students will work in collaboration with RFK CERC PT/OT department to coordinate accessible educational, recreational and physical activities for patients and families of RFK CERC based on assessed community need and interest. This collaboration will also continue to run Einstein Buddies.

<https://www.einsteinmed.edu/centers/childrens-evaluation-rehabilitation/>

Site Leader: Carol Terilli,
Assistant Chief of Physical Therapy

Address: 1225 Morris Park Ave, Rm 132,
Bronx NY 10461

Frequency: Monthly

Timing: Weekdays with some evening events



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STEM Engagement/ Professional Development

Montefiore Community Workforce Programs

Montefiore's Community Workforce Programs leads and manages a portfolio of community-based workforce programs designed to make a positive impact on the health and overall well-being of our communities. Einstein students will work in partnership with CWP staff to engage with Health Education and Research Occupations High School (HERO High) students. HERO High is a career and technical high school where students who are interested in careers in healthcare take college-level classes starting in 10th grade. These students have the opportunity to earn an Associate Degree in Nursing or Community Health at Hostos Community College. Einstein students will visit HERO High throughout the academic year to provide lessons, demonstrations, presentations, etc. There will be opportunities to engage with high school students in classrooms, small groups and perhaps 1:1.

Pelham Lab High School

A New York City Department of Education public high school that strives to engage and inspire all students in rigorous, challenging study. All staff members are dedicated to the idea that our students represent unique, holistic models of growth and evolution and that our mutual destination is the path of continued academic success. Einstein students will have opportunities to mentor high school students interested in science careers and engage in science and health related projects through after school clubs, tutoring, and/or research mentorship

United High School For Advanced Math & Science II

AMS II is a charter high school committed to the personal, social & emotional well-being of students. We provide our scholars with opportunities critical for post-secondary success. Einstein students will partner with 9th-12th grade students and engage with service-learning opportunities of their own design, deliver health-related presentations during pre-health club meetings, and help students pursue passion projects to improve their school and local communities through personal mentoring.

<http://www.herohigh.net/>

Site Leader: Melissa Haber,
*Director of Volunteer & Student
Services and Community
Workforce Programs*

Liz Walsh,
*Manager of Community
Workforce Programs*

Address: 455 Southern Blvd Bronx, NY 10455

Frequency: Twice Monthly

Timing: Fridays 12:30-2:30pm, Occasional
virtual meetings

<https://www.pelhamlabhs.org/home>

Site Leader: Melinda Atkinson, *Assistant Principal*

Address: 3000 E Tremont Ave, Bronx NY 10461

Frequency: Monthly or Twice Monthly

Timing: Weekdays until 4pm

<https://www.newvisions.org/ams2>

Site Leader: Daniel James Milbrand,
Assistant Principal

Address: 900 Tinton Ave, Bronx NY 10456

Frequency: Twice Monthly

Timing: Weekdays 3:30-4:30pm



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Youth Mentorship

Mary Mitchell Family and Youth Center/ After School Program

The Mary Mitchell Family and Youth Center After School Program picks children up from school and provides activities from 2-6pm, including a healthy home-made meal, tutoring and/or homework help, fitness, arts and/or community improvement activities. Einstein students will have opportunities to develop and lead health education workshops for students and community members, create lessons/activities for the Food Justice Club Teen Program, and engage in other community outreach, surveying, and fundraising.

<https://themarymitchellfyc.org/>

Site Leader: Aleyna Rodriguez,
Executive Director

Address: 2007 Mapes Avenue, Bronx NY 10460

Frequency: Monthly

Timing: Weekdays 11am-6pm; M/W/F Food Justice Club, Tues Farmers Market/Food Buying Club

PS 96 (Neighborhood Initiatives Development Corporation)

The mission of the Neighborhood Initiatives Development Corporation is to prepare youth for a successful future and help build thriving communities. One of their afterschool programs at PS 96 allows participants to receive homework help, expand their robotics skills, along with many other academic activities and clubs. Einstein students will have one-on-one mentoring opportunities with students in the afterschool program and will also assist with facilitation of social emotional learning activities.

<https://nidcn.org/youth>

Site Leader: Ruth Rodriguez, *Site Supervisor*
Toni Faella-Salas,
Director of After School Programs

Address: 2385 Olinville Avenue Bronx NY 10467

Frequency: Monthly

Timing: Weekdays 2:50-5:30pm

PSMS 89 (Neighborhood Initiatives Development Corporation)

The mission of the Neighborhood Initiatives Development Corporation is to prepare youth for a successful future and help build thriving communities. One of their afterschool programs at PSMS 89 allows participants to explore different activities such as robotics, media, cheer, basketball, dance and art to foster their interest. Einstein students will have one-on-one mentoring opportunities with students in the afterschool program and will also collaborate with them on service-learning programs, civic engagement initiatives and help educate them on SEL topics such as hygiene.

<https://nidcn.org/youth>

Site Leader: Johnny Ponce, *Program Director*
Toni Faella-Salas, *Director of After School Programs*

Address: 2385 Olinville Avenue Bronx NY 10467

Frequency: Monthly

Timing: Weekdays 2:50-5:30pm



Youth Mentorship

Eastchester Gardens NYCHA Community Center (Neighborhood Initiatives Development Corporation)

The mission of the Neighborhood Initiatives Development Corporation is to prepare youth for a successful future and help build thriving communities. The Community Center at Eastchester Gardens provides afterschool programming for kindergarten through fifth grade students, evening programming for teens and young adults and weekend programming for adults and seniors. Einstein students will have one on one mentoring opportunities with participants from all programs, and conduct informational presentations for parents, students and other participants on various health topics.

 <https://nidcny.org/youth>

 **Site Leader: Jason Williams**, *Program Director*
Toni Faella-Salas,
Director of After School Programs

 **Address:** 3016 Yates Avenue, Bronx NY 10469

 **Frequency:** Monthly

 **Timing:** Weekdays 2:50-5:30pm or early evenings



Albert Einstein College of Medicine